



Course Name: Introduction to Mental Health

Course Number: HSE* E134

Credits: 3

Catalog description:

A survey of systems and services for children, youth and adults with serious mental illnesses as well as individuals with mental illnesses and addictions. Topics include treatment, rehabilitation and recovery, managed care, community support services, public awareness, consumer empowerment, and career opportunities.

Prerequisite, Corequisite, or Parallel: None

General Education Competencies Satisfied:

HCC General Education Requirement Designated Competency Attribute Code(s):

None

Additional CSCU General Education Requirements for CSCU Transfer Degree Programs:

None

Embedded Competency(ies):

None

Discipline-Specific Attribute Code(s):

None

Course objectives:

General Education Goals and Outcomes:

None

Course Specific Objectives:

- Acquire general knowledge of current systems, structures, concepts, services, and programs for treatment and rehabilitation of and recovery from serious mental illnesses



- Know about and differentiate among system and service delivery models for children, youth, and adults with serious mental illnesses as well as individuals, with mental illnesses and addictions
- Acquire information about the range and variety of career opportunities in the mental health field
- Understand treatment, rehabilitation, and recovery issues from the perspectives of families, and service providers
- Integrate knowledge of theory and practice concerning mental health and mental illness in the context of human services.

Course Content:

1. knowledge of mental health systems
2. programs for rehabilitation and treatment in the mental health system
3. compare and contrast mental health service delivery systems for children, youth, and adults
4. the range and variety of career opportunities in the mental health system
5. pretty together the theory and knowledge of mental health with the actual mental health systems as they operate

Date Course Created:

Date of Last Revision: 03/03/2017