



**Course Name: Addiction and Mental Illness in Behavioral Health Care**

**Course Number:** HSE\* E141

**Credits:** 3

**Catalog description:**

An overview of the policy and treatment issues in behavioral healthcare. Particular areas of concern include assessments, treatment concepts, national and state policies, dual diagnosis issues, managed care, and client motivation. The course examines current research and demographics which underpin the behavioral healthcare movement.

**Prerequisite, Corequisite, or Parallel:** ENG\* E101 or Permission of the Instructor

**General Education Competencies Satisfied:**

**HCC General Education Requirement Designated Competency Attribute Code(s):**

None

**Additional CSU General Education Requirements for CSU Transfer Degree Programs:**

None

**Embedded Competency(ies):**

None

**Discipline-Specific Attribute Code(s):**

None

**Course objectives:**

**General Education Goals and Outcomes:**

None

**Course Specific Objectives:**



1. Demonstrate knowledge of the Behavioral Healthcare Model in the dually diagnosed population.
2. Comprehend the theory and knowledge related to mental illness and addictions.
3. Demonstrate the skills necessary for counseling individuals in the targeted population.

**Course Content:**

1. The nature of the problem (relationship of dual disorders)
2. Models of treatment and their integration
3. Identification and assessment of major mental disorders that co-exist with chemical dependency
4. Identification of chemical dependency in the dually diagnosed client
5. Relapse prevention
6. Enhancing motivation



Date Course Created:

Date of Last Revision: 03/03/2017