



Course Name: Lifespan Development

Course Number: PSY* E201

Credits: 3

Catalog description: This course provides a comprehensive overview of human development, including the biological, cognitive, emotional, and social changes associated with maturation from infancy to old age. This course also examines the important physiological processes, environmental influences, and socio-cultural forces that underlie and shape human development across the lifespan, including the roles of genetic inheritance, families, schools, work, and other societal institutions.

Prerequisite, Corequisite, or Parallel: PSY 111 or permission of the instructor

General Education Competencies Satisfied:

HCC General Education Requirement Designated Competency Attribute Code(s):

None

Additional CSCU General Education Requirements for CSCU Transfer Degree Programs:

None

Embedded Competency(ies):

None

Discipline-Specific Attribute Code(s):

BHEL Behavioral Science elective

Course objectives:

General Education Goals and Outcomes:

None



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Course Specific Objectives:

- 1) Demonstrate a familiarity with major theorists in the field of lifespan development
- 2) Demonstrate an understanding and familiarity of the major theorists and their contributions to the field of lifespan development
- 3) Demonstrate an understanding of how theories in lifespan development apply to one's own life
- 4) Demonstrate an understanding of how developmental trends have changed over time
- 5) Demonstrate an understanding of the current trends/research in the field of Lifespan development
- 6) Demonstrate an understanding of how one's own life choices influence physical, cognitive, and psychosocial development
- 7) Develop the ability to make informed judgments concerning ethical issues related to lifespan development
- 8) Develop an understanding of developmental issues related to diversity within and across cultures
- 9) Demonstrate an understanding of how history, society, economics, politics, and culture has impacted the field of lifespan development
- 10) Demonstrate an understanding of peer reviewed sources and/or theories in lifespan development.

Course Content:

1. Introduction to Lifespan Development
 - a. The study of Human Development
 - b. Theory and research
2. Beginnings of life
 - a. Forming a new life
 - b. Physical development during the first three years
 - c. Cognitive development during the first three years
 - d. Psychosocial development during the first three years
3. Early Childhood
 - a. Physical and cognitive development in early childhood
 - b. Psychosocial development in early childhood
4. Middle Childhood
 - a. Physical and cognitive development in middle childhood
 - b. Psychosocial development in middle childhood
5. Adolescence
 - a. Physical and cognitive development in adolescence
 - b. Psychosocial development in adolescence
6. Young Adulthood
 - a. Physical and cognitive development in young adulthood
 - b. Psychosocial development in young adulthood



7. Middle Adulthood
 - a. Physical and cognitive development in middle adulthood
 - b. Psychosocial development in middle adulthood
8. Late Adulthood
 - a. Physical and cognitive development in late adulthood
 - b. Psychosocial development in late adulthood
9. End of life issues
 - a. Dealing with death and bereavement

Date Course Created:

Date of Last Revision: 03/2017