

Course Name: Emotional Disorders in Children and Youth **Course Number:** HSE* E222 **Credits:** 3 **Catalog description:** Prerequisite, Corequisite, or Parallel: PSY*111 **General Education Competencies Satisfied: HCC** General Education Requirement Designated Competency Attribute Code(s): None Additional CSCU General Education Requirements for CSCU Transfer Degree Programs: None **Embedded Competency(ies):** None **Discipline-Specific Attribute Code(s):** None **Course objectives: General Education Goals and Outcomes:** None **Course Specific Objectives:**

HSE* E222 Date of Last Revision: 03/03/2017



- 1. Demonstrate knowledge of treatment methods for children and youth with emotional disorders;
- 2. Demonstrate knowledge and intervention skills in assessment of emotional disorders in birth to three, preschool, latency, and adolescence
- 3. Demonstrate an understanding of effective service delivery models, systems and managed care issues in services for children and youth with emotional disorders
- 4. Integrate knowledge of the history, political, cultural aspects of theory and practice regarding mental health and emotional disorders of children and youth
- 5. Demonstrate an understanding of the key theorists and their contributions to the study and practice of children and youth mental health interventions.
- 6. Demonstrate the ability to reflect and comment upon ethical issues associated with emotional disorders in children and youth,
- 7. Develop an understanding of developmental issues related to diversity in within and cross cultures in the arena of children and youth emotional disorders;
- 8. Demonstrate an understanding of how emotional disorders in children and youth manifest in home, school, and community settings.

Course Content:

- I. Definition of Emotional Disorders of Children and Youth
 - A. History of perspectives on mental health and mental illness in children and youth
 - B. Emotional disorders of children and youth as neurobiological diseases
 - C. Dual disorders in children and youth

II Age-Related Emotional Disorders

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- A. Birth to three
- B. Pre-school
- C. Latency
- D. Adolescence

III. Assessment and Diagnosis

- A. Psychiatric assessment
- B. Medications
- C. Psychological evaluation
- D. Intelligence testing
- E. Projective testing

IV. Service Delivery Models and Systems Issues

- A. Wrap-around services
- B. Foster care
- C. Residential care
- D. Cultural diversity and child-rearing practices
- E. How to decide whether a child should remain in a family
- F. Managed care
- G. Advocacy
- H. Future directions for treatment, prevention, and service delivery

Date Course Created:

Date of Last Revision: 03/03/2017

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