



**Course Name: Introduction to Counseling/Interviewing**

**Course Number:** HSE\* E202

**Credits:** 3

**Catalog description:**

A developmentally-based, experiential course designed to introduce pre-professionals and professionals to the basic concepts, theories, skills used in human service counseling. Practical applications of skills and role-playing will be emphasized.

**Prerequisite, Corequisite, or Parallel:** None

**General Education Competencies Satisfied:**

**HCC General Education Requirement Designated Competency Attribute Code(s):**

None

**Additional CSCU General Education Requirements for CSCU Transfer Degree Programs:**

None

**Embedded Competency(ies):**

None

**Discipline-Specific Attribute Code(s):**

None

**Course objectives:**

**General Education Goals and Outcomes:**

None

**Course Specific Objectives:**



Demonstrate knowledge of the basic counseling theories, as well as the application of those theories in practical counseling situations.

**Course Content:**

1. Introduction to interviewing
2. The basic counseling model
3. Theories of counseling and the helping relationship
4. Counseling with difficult clients
5. Counseling in specific settings
  
6. Ethical and legal issues in the field of counseling
7. Practical challenges in the counseling profession
8. The future of counseling

Date Course Created:

Date of Last Revision: 03/03/2017