



**Course Name:** Adolescent Psychology

**Course Number:** PSY\* E205

**Credits:** 3

**Catalog description:** An investigation of present knowledge, theory, methods of study and problems encountered in growth and development from adolescence to adulthood. Topics include biological, social, and psychological factors as well as developmental stages and current trends in the field

**Prerequisite, Corequisite, or Parallel:** PSY 111 or permission of the instructor

## **General Education Competencies Satisfied:**

**HCC General Education Requirement Designated Competency Attribute Code(s):**

None

**Additional CSCU General Education Requirements for CSCU Transfer Degree Programs:**

None

**Embedded Competency(ies):**

None

**Discipline-Specific Attribute Code(s):**

BHEL Behavioral Science elective

## **Course objectives:**

**General Education Goals and Outcomes:**

None

**Course Specific Objectives:**

- 1) Demonstrate an understanding of how history, society, economics, politics, and culture has impacted the field of adolescent development
- 2) Demonstrate familiarity with major theorists in the field of adolescent psychology



- 3) Develop the ability to make informed judgments concerning ethical issues related to adolescent development
- 4) Demonstrate an understanding of how life and ethical choices influence development prior to, during, and after adolescent development.
- 5) Develop an understanding of developmental issues related to diversity within and across cultures
- 6) Demonstrate an understanding of how developmental theories apply to one's own life
- 7) Demonstrate an understanding of how life choices influence overall physical, emotional/social, and cognitive development

**Course Content:**

Theoretical Perspectives

- Physical Development
- Social Development
- Cognitive Development
- Identity
- Identification
- Social Redefinition
- Individuation
- Families
- Peers

Date Course Created:

Date of Last Revision: 03/2017