



**Course Name:** Theories of Personality

**Course Number:** PSY\* E243

**Credits:** 3

**Catalog description:** An introduction to the structure, dynamics and development of personality. The focus is on psychoanalytic, ego-psychology, behavioristic, humanistic, cognitive-developmental, and Eastern perspectives.

**Prerequisite, Corequisite, or Parallel:** PSY 111

## **General Education Competencies Satisfied:**

**HCC General Education Requirement Designated Competency Attribute Code(s):**

None

**Additional CSCU General Education Requirements for CSCU Transfer Degree Programs:**

None

**Embedded Competency(ies):**

None

**Discipline-Specific Attribute Code(s):**

BHEL                      Behavioral Science elective

## **Course objectives:**

**General Education Goals and Outcomes:**

None



**Course Specific Objectives:**

1. Demonstrate a knowledge of the development of individual personality through the interaction of biological, psychological, social, cultural, and environmental experiences.
2. Demonstrate an understanding of sociocultural context and diversity.
3. Describe various research strategies and the advantages and disadvantages of the uses of each
4. Identify psychological principles that have been influential in your own life.

**Course Content:**

1. Psychology of Personal Constructs
2. The Epigenetic Principle
3. Theoretical Perspectives
  - a. Freud, Jung, Adler, Erikson, Horney, Rogers, Maslow, Skinner, Bandura, Kelly, and Cattell.
4. Methodology
5. Culture
6. Biological , psychological, and social basis for personality
7. Actualization and Self-Actualization

Date Course Created:

Date of Last Revision: 03/2017